



# Bushcraft Skills



Livingstone  
Range  
SCHOOL DIVISION



# Bushcraft Skills

An important part of living in a rural area surrounded by trees and forests is knowing how to take care of yourself or others in the great outdoors. From simple camping tricks and tips to complex backcountry techniques, students will learn the skills necessary to stay safe and informed while exploring wilderness areas. Students' will face challenges that will require patience, care, teamwork and good communication.

- **Grades:** 7-12
- **Dates:** Available during all seasons.
- **Where:** PEAKS Campus, or another location per discussion.
- Materials will be provided.

**\*If you have interest or have any questions about this program, please contact [PEAKS Campus](#)**

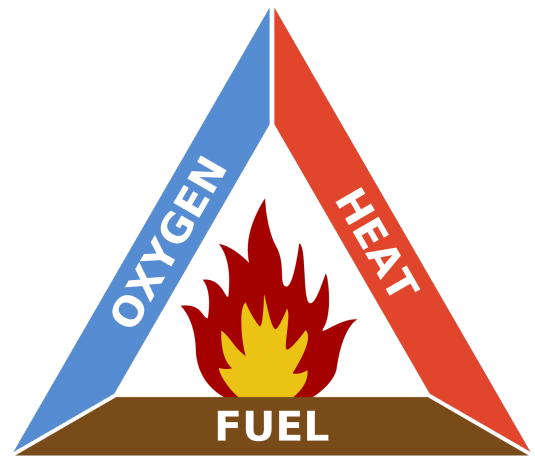
**Post Experience Survey:** <https://forms.gle/oDWrnqcKgv5uxwBU6>

\*Must be completed by all teachers, supervisors and students.

# Learning Objectives & What to Expect

The following list of learning objectives we aim to accomplish:

1. Orienteering (map/compass)
  - a. Map/compass management
  - b. Landmarking and strategies
  - c. Pacing
2. BearSmart
3. Archery
4. How to dress appropriately in the outdoors
5. First Aid Treatment
  - a. Treating a Dislocated Shoulder or Broken Collarbone with Limited Supplies.
  - b. Mild Hypothermia
  - c. Frostbite
  - d. Heat Exhaustion
  - e. Heat Stroke
  - f. Types of Safety Carries
  - g. Build a stretcher
6. Keeping a patient warm
7. Efficient Fire building
8. Shelter building
  - a. Knot tying
  - b. Structural integrity and strength
  - c. Understanding location, weather conditions/patterns
  - d. Quinzhees
9. Edible plants and food
10. How to signal for help
11. What equipment to bring when in the backcountry to stay safe



## Bushcraft Skills

PEAKS Campus utilizes the following Alberta Education competencies as guiding principles to student education:

**CRITICAL THINKING**

**COMMUNICATION**

**PROBLEM SOLVING**

**COLLABORATION**

**MANAGING INFORMATION**

**CULTURAL AND GLOBAL CITIZENSHIP**

**CREATIVITY AND INNOVATION**

**PERSONAL GROWTH AND WELL-BEING**

Click [Curricular Links](#) for more information.

### Additional Programming

- To help reinforce the learning objectives learned from this program, check out our [Search and Rescue Amazing Race Program](#) to challenge students' collaboration, creativity and communication skills.