HIKING



PLACE-BASED EXPERIENCES ADVENTURES AND KNOWLEDGE FOR





Livingstone Range

SCHOOL DIVISION



Join us for a day of place-based learning, adventure and fun in this all season activity. This is a perfect pursuit activity to pair with any lesson and our favourite to connect what you are learning with a community expert. Our hikes will challenge your students in a variety of ways. Your students will see significant improvements in skills, attitudes, communication, collaboration and student leadership. Students will leave smiling and empowered after a day on the trails. Get outside, try something new and learn lots with us at PEAKS.

- **Grades:** 1-12
- **Duration:** Min. 1.5 Hours, Half-Day, Full Day
- **Dates:** Available All Seasons.
- **Where:** PEAKS Campus, or another location per discussion. There are a variety of locations to best suit your desired outcomes.

*Let's collaborate to ensure we maximize connection, safety and educational value. If you have interest or have any questions about this program, please contact <u>PEAKS Campus</u>



Learning Outcomes

PEAKS Campus utilizes the following Alberta Education competencies as guiding principles to student education:

CRITICAL THINKING	COMMUNICATION
PROBLEM SOLVING	COLLABORATION
MANAGING INFORMATION	CULTURAL AND GLOBAL CITIZENSHIP
CREATIVITY AND INNOVATION	PERSONAL GROWTH AND WELL-BEING

Click **Curricular Links** for more information.

The following is a list of learning objectives we aim to accomplish:

- Foundations and Safety protocols:
 - Lead and Sweep Roles
 - Proper pacing
 - o Appropriate communication
 - o Awareness of self, others and nature
 - Practice Leave No Trace principles
 - $\circ\quad \mbox{Develop}$ an understanding of group cohesion and staying together
 - o Mapping, navigation
 - Decision making processes
 - o Trail and equipment etiquette
 - o Proper nourishment
 - Managing colder or warmer weather conditions and dressing appropriately