## HIKING



PLACE-BASED EXPERIENCES ADVENTURES AND KNOWLEDGE FOR STUDENTS









## Hiking Grades 1-12



Join us for a day of place-based learning, adventure and fun in this all season activity. This is a perfect pursuit activity to pair with any lesson and our favourite to connect what you are learning with a community expert. Our hikes will challenge your students in a variety of ways. Your students will see significant improvements in skills, attitudes, communication, collaboration and student leadership. Students will leave smiling and empowered after a day on the trails. Get outside, try something new and learn lots with us at PEAKS.

- **Grades:** 1-12
- **Duration:** Min. 1.5 Hours, Half-Day, Full Day
- Dates: Available All Seasons.
- Where: PEAKS Campus, or another location per discussion. There are a variety of locations to best suit your desired outcomes.

\*Let's collaborate to ensure we maximize connection, safety and educational value. If you have interest or have any questions about this program, please contact <u>PEAKS Campus</u>.





## Hiking Grades 1-12

## **Learning Outcomes**

PEAKS Campus utilizes the following Alberta Education competencies as guiding principles to student education:

<b>CRITICAL THINKING</b>	COMMUNICATION
PROBLEM SOLVING	COLLABORATION
MANAGING INFORMATION	CULTURAL AND GLOBAL CITIZENSHIP
<b>CREATIVITY AND INNOVATION</b>	PERSONAL GROWTH AND WELL-BEING

Click Curricular Links or contact PEAKS Campus for more information.

The following is a list of learning objectives we aim to accomplish:

- Foundations and Safety protocols:
  - Lead and Sweep Roles
  - Proper pacing
  - Appropriate communication
  - Awareness of self, others and nature
  - Practice Leave No Trace principles
  - Develop an understanding of group cohesion and staying together
  - Mapping, navigation
  - Decision making processes
  - Trail and equipment etiquette
  - Proper nourishment
  - Managing colder or warmer weather conditions and dressing appropriately

