## Snowshoeing





PLACE-BASED
EXPERIENCES
ADVENTURES AND
KNOWLEDGE FOR
STUDENTS









## **Snowshoeing**

Join us for a day of place-based learning, adventure and fun in this thrilling winter activity. Snowshoeing will challenge your students in a variety of ways. This is a perfect pursuit activity to pair with your science or social lesson. We are proud to help make this activity more accessible by providing the equipment and resources required to try it out. Your students will see significant improvements in skills, attitudes, communication, collaboration and student leadership. Students will leave smiling and empowered after a day on the trails. Get outside, try something new and learn lots with us at PEAKS.

• **Grades:** 1-12

• **Duration:** Min. 1.5 Hours, Half-Day, Full Day

• **Dates:** Available during winter season.

 Where: PEAKS Campus, or another location per discussion. There are a variety of locations to best suit your desired outcomes.

Materials will be provided.

\*Let's collaborate to ensure we maximize connection, safety and educational value. If you have interest or have any questions about this program, please contact <a href="PEAKS Campus">PEAKS Campus</a>.



## **Learning Outcomes**

PEAKS Campus utilizes the following Alberta Education competencies as guiding principles to student education:

CRITICAL THINKING COMMUNICATION

PROBLEM SOLVING COLLABORATION

MANAGING INFORMATION CULTURAL AND GLOBAL CITIZENSHIP

CREATIVITY AND INNOVATION PERSONAL GROWTH AND WELL-BEING

Click <u>Curricular Links</u> or contact <u>PEAKS Campus</u> for more information.

The following is a list of learning objectives we aim to accomplish:

- Foundations and Safety protocols
  - Lead and Sweep Roles
  - Proper pacing
  - o Appropriate communication
  - Awareness of self, others and nature
  - Practice Leave No Trace principles
  - o Develop an understanding of group cohesion and staying together
  - o Mapping, navigation
  - o Decision making processes
  - o Trail and equipment etiquette
  - o How to fall down and get up safely
  - Snowshoe walking skills and placements
  - Managing colder or warmer weather conditions and dressing appropriately