

Orienteering & Navigation



Livingstone Range

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Have you ever gotten lost or missed your turn on the trail? Do you have a bad sense of direction? Don't know how to use a compass? Without understanding direction or maps, navigating large dense forests or finding your way around town can be tricky. This program will teach your class proper compass management and navigation techniques, map reading, team building skills and strategies to make sure you know your way around regardless of where you are. Learn these valuable skills by participating in collaborative activities that challenge students' leadership, communication and team working abilities to achieve a common goal.

- **Grades:** 4-12
- Duration: 2-hours
- Dates: Available during all seasons
- Where: PEAKS Campus, Pass PowderKeg Ski Area, or another location per discussion.

*If you have interest or have any questions about this program, please contact <u>PEAKS Campus</u>

Post Experience Survey: <u>https://forms.gle/oDWrnqcKgv5uxwBU6</u> *Must be completed by all teachers, supervisors and students.

Learning Objectives

PEAKS Campus utilizes the following Alberta Education competencies as guiding principles to student education:



LIVINGSTONE RANGE SCHOOL DIVISION

CRITICAL THINKING	COMMUNICATION
PROBLEM SOLVING	COLLABORATION
MANAGING INFORMATION	CULTURAL AND GLOBAL CITIZENSHIP
CREATIVITY AND INNOVATION	PERSONAL GROWTH AND WELL-BEING

Click Curricular Links or contact PEAKS Campus for more information.

With PEAKS facilitators, students will have the opportunity to explore and investigate the following:

- Maps features and how to use it.
 - Topographical maps, ratios/scale, measurements, using a ruler, distance estimation, legends
- Compass
 - How to use a compass and its features
 - Different kinds of compasses and navigation systems
 - True North vs Magnetic North
 - Alignment
 - \circ $\;$ What to do if you don't have a compass $\;$
 - signaling for help
- Techniques/Strategies
 - Landmarking
 - Pacing
 - "Leap Frog" system
 - Using the sun
- Orienteering
 - Purposes behind orienteering
 - \circ What signs to look for

